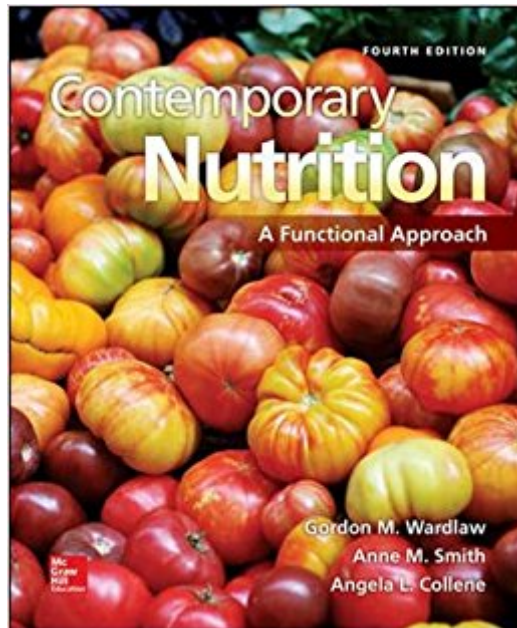




The book was found

Contemporary Nutrition: A Functional Approach



Synopsis

NOTE: This Book DOES NOT come with Access Code Contemporary Nutrition: A Functional Approach is an alternate version of Wardlaw/Smith/Collene's Contemporary Nutrition, offering a unique approach by organizing vitamins and minerals within the context of physiological functions and the health conditions they influence. Current research is at the core of the fourth edition, with revised statistics, incorporation of new results of clinical trials, and updated recommendations. The text provides students who lack a strong science background the ideal balance of reliable nutrition information and practical consumer-oriented knowledge. Always looking to make the content relevant to learners, the authors highlight health conditions, medications, food products, and supplements students or members of their families may be using. With their friendly writing style, the authors act as the student's personal guide to dispelling common misconceptions and to gaining a solid foundation for making informed nutrition choices.

Book Information

Paperback: 832 pages

Publisher: McGraw-Hill Education; 4 edition (January 23, 2014)

Language: English

ISBN-10: 0078021391

ISBN-13: 978-0078021398

Product Dimensions: 9.1 x 1.2 x 10.9 inches

Shipping Weight: 3.5 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 84 customer reviews

Best Sellers Rank: #35,751 in Books (See Top 100 in Books) #50 in Books > Textbooks >

Medicine & Health Sciences > Medicine > Clinical > Nutrition #135 in Books > Textbooks >

Medicine & Health Sciences > Medicine > Basic Sciences > Physiology #191 in Books > Medical Books > Basic Sciences > Physiology

Customer Reviews

Gordon M. Wardlaw, Ph.D., has taught introductory nutrition courses to students in the Department of Human Nutrition at The Ohio State University, and at other colleges and universities. Dr. Wardlaw is the author of many articles that have appeared in prominent nutrition, biology, physiology, and biochemistry journals and was the 1985 recipient of the American Dietetic Association's Mary P. Huddleson Award. Dr. Wardlaw is a member of the American Society for Nutritional Sciences and is certified as a Specialist in Human Nutrition by the American Board of Nutrition. Dr. Wardlaw is

currently retired from academia. ANNE M. SMITH, Ph.D., R.D., L.D., is an associate professor at The Ohio State University. She was the recipient of the 1995 Outstanding Teacher Award from the College of Human Ecology, the 2008 Outstanding Dietetic Educator Award from the Ohio Dietetic Association, the 2006 Outstanding Faculty Member Award from the Department of Human Nutrition, and the 2011 Distinguished Service Award from the College of Education and Human Ecology for her commitment to undergraduate education in nutrition. Dr. Smith's research in the area of vitamin and mineral metabolism has appeared in prominent nutrition journals, and she was awarded the 1996 Research Award from the Ohio Agricultural Research and Development Center. She is a member of the American Society for Nutrition and the Academy of Nutrition and Dietetics.

I rented this book for a nutrition class. The book arrived in good condition and contained a lot of helpful information. Some of the guidelines are a little out of date, but overall the information is correct.

If you're going to sell a "used but acceptable" book, then I suggest posting a picture of the book. According to this picture, the book looks good. I got a book that looked like it had been eaten at all 4 edges by a rat on a cargo ship stuck in a shipping container. I'm sorry but this was horrible.

Thank you!

I needed this book for school and it arrived promptly, and is actually a very useful book, even outside of school. I would recommend it to anyone trying to get their foot in the game.

We're very grateful this book and many more are available to rent from my wife needs this for College.

Rented for class, received as expected in perfect condition.

I love the book, and I rented it but man it is expensive to buy. At least the loose leaf that they wanted us to buy was expensive. This book however, paired with the right professor was worth every penny. There is plenty of invaluable up-to-date information about nutrition in this book. I really enjoyed learning about everything and have already changed some of my eating habits because of it.

Using for class now. Very thorough text book but easy to read and categorized well

[Download to continue reading...](#)

Wardlaw's Contemporary Nutrition: A Functional Approach (Mosby Nutrition) Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle (Carbs, Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) Textbook of Clinical Nutrition and Functional Medicine, Vol. 1: Essential Knowledge for Safe Action and Effective Treatment (Inflammation Mastery & Functional Inflammalogy) Textbook of Clinical Nutrition and Functional Medicine, Vol. 2: Protocols for Common Inflammatory Disorders (Inflammation Mastery & Functional Inflammalogy) Contemporary Nutrition: A Functional Approach Connect Access Card for Contemporary Nutrition: A Functional Approach Wardlaw's Perspectives in Nutrition: A Functional Approach Wheater's Functional Histology: A Text and Colour Atlas, 6e (FUNCTIONAL HISTOLOGY (WHEATER'S)) Wheater's Functional Histology: A Text and Colour Atlas (Book with CD-ROM) (Functional Histology (Wheater's)) Patai's 1992 Guide to the Chemistry of Functional Groups (Patai's Chemistry of Functional Groups) The Chemistry of Double-Bonded Functional Groups, Supplement A3, 2 Part Set (Patai's Chemistry of Functional Groups) Functional Programming in JavaScript: How to improve your JavaScript programs using functional techniques Nolte's The Human Brain: An Introduction to its Functional Anatomy With STUDENT CONSULT Online Access, 6e (Human Brain: An Introduction to Its Functional Anatomy (Nolt) Nutrition Essentials: A Personal Approach (Mosby Nutrition) High Blood Pressure and Chronic Hypertension Treatment with Nutrition, Integrative Medicine, and Functional Medicine Nutrigenomics and Nutrigenetics in Functional Foods and Personalized Nutrition The Functional Nutrition Cookbook: Addressing Biochemical Imbalances through Diet Contemporary Drug Information: An Evidence-Based Approach (Gaenelein, Contemporary Drug Information) Functional Approach to Hypothyroidism: Bridging Traditional and Alternative Treatment Approaches for Total Patient Wellness Body Mechanics for Manual Therapists: A Functional Approach to Self-Care and Injury Prevention

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)